

Curriculum Vitae

I. Personal Information:

Full Name: Nasreen Ghani

Designation: Assistant Professor

Official Address: Post Graduate Nursing Collage, Sector B-2 Phase 5 Hayatabad
Peshawar KPKSPakistan

Permanent Address: C/O Haji Mouhammad Ghani Makhallah Zakira khell PO Box
Chota Lahor District Swabi

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Date of Joining: Septenber16,1992

Academic / Professional Qualifications

November, 2007
One Month Training Karolinska Institute Sweden
Strengthening Midwifery competence in
sexual health and reproduction health and
services

March 23,2006
One month Training on MCH Center Pakistan Institute of Medical
Master trainer of tutors Science Islamabad By PAIMAN

2003-2005
Master in Nursing Aga Khan University Karachi

1998-1999

Post RN BScN

Aga Khan University Karachi.

1989-1992

Diploma in Nursing

District Headquarter Hospital
Abbottabad, Pakistan.

1988-1989

Lady Health Visitor

Public Health School Nishterabad
Peshawar. Pakistan

1987-1988

Diploma in Midwifery

Public Health School Nishterabad
Peshawar , Pakistan

1985

SSC Examination

Govt Girls High School Chota Lahor
Swabi

Languages:

- English: Proficient in speaking, reading, and writing
- Urdu: Proficient in speaking, reading, and writing
- Pashto: Proficient in speaking, reading, and writing

Area of Expertise: Midwifery Critical Care, Nursing Management and Administration,

Career Mission Statement: I am committed to the development of nursing profession in Pakistan through teaching and supervision of graduate students at PGNC, research and collaboration with Nursing Professional Organization in Pakistan.

Professional Experience:

September , 1999- To date Course Teacher Post Graduate Nursing Collage Peshawar

Responsibilities:

- Teach and supervise students in the Graduate Program
- Serve on various standing and ad hock committees at PGNC
- Contribute to knowledge development and dissemination through research and publication

1996-1999

Staff Nurse to the Head Nurse of Intensive Care Unit, DHQ Hospital Abbottabad

Responsibilities:

Achievements:

- *As a staff nurse*-Delivery of Patient care.
- *As an Assistant Head nurse*- Assist in organizing patient care as well as participate in delivering patient care. Besides, this unit management in the absence of Head Nurse.
- *As Head Nurse*- Unit management, Organize and evaluate patient care and staffing.
- Experience of nursing the critically ill patients, both adults and pediatrics.
- Care of invasive lines, ECG interpretation.
- Use of various types of ventilators and monitoring equipment.
- Assisted in advance medical/nursing procedures (dialysis, Swan Ganz, intubation and pacemakers).
- Gained skills in communication with Patients' families, making roster, interviewing staff, conducting performance appraisal interviews, conflict management and problem solving in the unit.
- Improved unit management skills.

1993-1994

Sister Incharge OBS/Gynea Unit DHQ Hospital Abbottabad

Responsibilities:

- Participate and supervise patients' care in a 30-bedded Maternity Home.
- Staff management.

Achievements:

- Gained experience of nursing patients with Obstetric and Gynecological conditions.
- Improved skills in managing Patients through labor and delivery process.
- Improved problem-solving skills in staff management.

1992-1993

Incharge

Responsibilities:

- Supervise and participate In-Patient care of a 30-bedded medical unit.
- Make rosters for staff assigned to the medical unit.
- Manage drugs inventory for the unit.

Achievements:

- Gained experience in nursing patients with a variety of medical problems.
- Gained skills in assisting with medical procedures.
- Learned to handle the variety of drug inventory including their legal implications.

Education and Teaching Experience:

Courses at Graduate Level

<i>Course Title</i>	<i>Responsibility</i>
Theoretical basis of Nursing at PGNC. Peshawar	Course coordinator and teacher
Leadership and Management in Nursing Practice, at PGNC. Peshawar	Designed the course, then worked as course coordinator and teacher
, Research to students of Diploma in Teaching Administration, at PGNC, Peshawar.	Developed and taught the course
Community Health Nursing at PGNC, Peshawar	Designed the course, then worked as course coordinator and teacher
Intensive Care Unit (ICU) Course	Designed the course, then worked as course coordinator and teacher
Post Midwifery Course	Designed the course, then worked as course coordinator and teacher
BSc nursing Degree program	Program co-ordinator

Guest Speaker in MNCH programs on topic **Draft of Career Structure of LHV**s

Workshops at National Level:

- Work as master trainer with Bynan Global USAID “**Establishing Birthing Station in community**” all over the Pakistan.
 - Conducted and Facilitate workshop on “Refresher course of LHV
s of PAIMAN” at Post Graduate Nursing Collage Peshawar. 2006.
- Conducted and Facilitate workshop on “Training of Tutors (TOT) PAIMAN” at Post Graduate Nursing Collage Peshawar. 2006
- Organized Work Shop and work as facilitator workshop “on Refresher course of LHV
s of PAIMAN”at School of Nursing Hayatabad Medical Complex Peshawar. April, 2007
- Organized Work Shop and work as facilitator workshop “on Refresher course of LHV
s of PAIMAN” at School of Nursing Hayatabad Medical Complex Peshawar. July, 2007
- Conducted and Facilitate workshop on “Training of Tutors (TOT) PAIMAN” at Pakistan Institute of Medical Science Islamabad August.2007
- Work as Consultant for Training of Tutors (TOT) PAIMAN” at Pakistan Institute of Medical Science Islamabad January 29 – February, 23 2008

- Conducted and Facilitate workshop on “FATA Refresher course of LHVs of PAIMAN” at Post Graduate Nursing Collage Peshawar. April, 2008.

Attended Workshops National / International Level:

- Congress of International Confederation of Midwives in Glasgow Scotland U.K, june.1, 2008.
- Global consultation: Strengthening Nursing and Midwifery Education Islamabad. February 3, 2007.
- Reproductive Health: Post Graduate Nursing Collage Hayatabad Peshawar 1999.
- Stress: Aga Khan University School of Nursing Karachi 1999.
- Counseling: Aga Khan University School of Nursing Karachi 1999.
- Disaster Management: Post Graduate Institute Hayatabad Peshawar,2000

Research and Publications:

February, 2008	Co-Investigator on: Assessment of Infection Control Practices: A Pilot Study of Major Hospitals in Peshawar
July, 2008	Nasreen Ghani. . Assess the Women Perception about Nursing Care during Child Birth, Major Hospitals in Peshawar Pakistan
September 2008	Nasreen Ghani. (2007). Pvalence and Factors Associated with Post Partum Hemorrhage in Khyber Agency federally Administered Tribal Areas, Pakistan
July, 2007	Nasreen Ghani. (2007). Pvalence and Factors Associated with Post Partum Vaginal Infection in Khyber Agency federally Administered Tribal Areas, Pakistan <i>J Pak Med, Association</i> 57.(7) July 2007
October 2005 Master Thesis	Factors Associated with Maternal Morbidities in Khyber Agency Federally Administered Tribal Areas, Pakistan
1998 Learning Project	Why diet Pepsi safe for Diabetic Patients
1999 Learning Project	Girls Education in Community

Awards/ Honors/ Fellowships/ Scholarships:

- Women Health Project (WHP) Scholarship for MSc Nursing 2003-2005
- Distinction in Master Thesis in 2005

- CIDA Scholarship for Post RN BSc Nursing in 1998-1999
- Award on 1st Position in General Nursing in Province NWFP Peshawar

Professional Affiliations

i. Professional Memberships

- Registered Nurse and Midwife, Pakistan Nursing Council (PNC), Islamabad.
- Member of Pakistan Nurses Federation
- Member of the Rho Delta Chapter, Sigma Theta Tau International,
- Life Member of the Pakistan Midwifery Association

Computer Skills: Ms word office, Internet, SPSS and Epi Info

